



# Banner Good Samaritan<sup>®</sup>

## Medical Center



### *Preparing for your Surgery – Preadmission Services*

1111 E. McDowell Road

Phoenix Arizona, 85006

Monday-Friday 7 a.m. - 7 p.m.

(602) 239-4700

[www.BannerHealth.com](http://www.BannerHealth.com)

#### **Planning for your Hospitalization**

Your physician has chosen Banner Good Samaritan Medical Center for your surgical procedure. We will work together with your physician to provide you with the best care available. We also want your admission and stay to be as easy and convenient as possible. Please fill out all necessary forms to help make your stay go smoothly. Hospital stays are generally shorter these days, so it is important that we plan your stay carefully to use your time wisely.

The Preadmission Office is open Monday through Friday from 7 a.m. to 7 p.m. Call (602) 239-4700 about any special needs or concerns that you may have, including referrals or services that you may need arranged prior to admission.

Banner Good Samaritan Medical Center has a Case Management Services Program. You will have a case manager available to assist you if needed. Please do not hesitate to ask for him/her.

If you have questions regarding your out-of-pocket expenses for your surgery, or don't have insurance coverage, please call Patient Services/Admitting at (602) 239-4301 prior to coming to the hospital.

You may need to make arrangements for your preadmission tests (*i.e.*, lab work, chest X-ray, EKG) to be done at an outside facility. They should be completed at least two days prior to your day of surgery. If your tests are done through your medical or primary care physician, you may be asked to bring the results with you on the day of admission.

Prior to your surgery here at Banner Good Samaritan, you may be asked to sign consent for a blood transfusion in the event the doctor feels you need one. If you are interested in treatments and protocols that will minimize your need for a blood transfusion, please discuss the options with your physician or call the Blood Conservation Medicine office at (602) 239-6070.

Most insurance companies require us to get prior authorization for procedures. Please verify with your physician's office that the surgery is authorized and whether it's for an inpatient or outpatient procedure. We look forward to meeting with you to make your stay at Banner Good Samaritan comfortable and convenient.

Banner Good Samaritan Medical Center is a smoke-free environment. Patient smoking is permitted at the discretion of the physician in the designated areas outside the hospital.

#### **Hospital Phone Numbers**

Hospital Operator	(602) 239-2000	Emergency Center	(602) 239-2222
Administration	(602) 239-4200	Patient Relations	(602) 239-2236
Admitting		Patient/Visitor Information	(602) 239-3576
In-Patient	(602) 239-4301	Preadmission Services	(602) 239-4700
Outpatient	(602) 239-2800	Security	(602) 495-4400
Billing	(602) 640-3100	Social Services	(602) 239-4363
	or (602) 239-4300	Surgery/Waiting Area	(602) 239-2711

*If you are from out of town, please request the Banner Good Samaritan Visitor Information Guide.*

# Preparing for your Surgery – Information and Instructions

## The evening before surgery:

### Do:

- Ask your physician about special instructions for the morning of your surgery if you take medications such as insulin, heart or blood pressure medicines.
- Bring a list of your medications, dose requirements, and times of day that you need to take them, unless you have already listed them on other admission forms.
- Follow any pre-surgery instructions given to you by your physician, such as enemas, douches, showers, etc.
- Notify your surgeon if a cold, fever or other infection develops before your surgery.

### Don't:

- Do not eat or drink anything after midnight, including water, throat lozenges or chewing gum, unless instructed differently by your physician or an anesthesiologist. Your surgery will be cancelled if you eat or drink without special instructions.
- Do not smoke after midnight. Smoking can irritate the lungs and contribute to nausea.
- Unless you are instructed to do so, do not bring your medications to the hospital.

## The day of surgery:

- Do not wear makeup, hairpins, lotion, powder or perfume.
- Take a bath or shower the day of your surgery. Cleanliness is an important part of any surgery.
- Bring your own personal hygiene items, such as robe, slippers, etc.
- You may brush your teeth, but be careful not to swallow any water.
- The hospital is not responsible for misplaced or stolen items, such as money, credit cards, jewelry and other valuables. We suggest you leave these valuables at home.
- If you wear contact lenses, glasses or dentures, bring a container to protect them.
- Arrive at your designated time. Go to the Main Lobby Admitting Desk (12th Street & McDowell entrance) in the hospital. A Patient Services representative will have your admission papers ready for your signature. Be prepared to show your Health Insurance Cards. If you have an Advance Directive/Living Will, please bring a copy with you.
- You will be escorted to the pre-surgery area. Family or friends may wait in the 2nd floor

surgery waiting room. Generally, they are not permitted in the pre-surgery area.

- Wear comfortable, loose fitting clothing that is easy to take off and put on. Your clothes will either be given to your family or friend, or placed in a locker with your name and brought to you after surgery.
- Feel free to ask about anything that concerns you. An informed patient is a more relaxed patient.
- A nurse will take your blood pressure, temperature and pulse rate.
- You will be asked to sign a consent to authorize the physician to perform your surgery.
- The physician who gives you your anesthesia will talk with you.
- You will then be taken to a surgery operating room on a cart. A blood pressure cuff and heart monitor will be attached. Don't be alarmed, this is done so that you are constantly observed during surgery.

## Following surgery:

- After your surgery, your physician will talk to your family or friend, and you will be taken to the recovery area for a minimum of 1 hour.
- While in the recovery area, you will be closely monitored by the nursing staff. Your family or friend will be notified of your condition and your transfer when you are taken to your hospital room.
- In general, prolonged bed rest after surgery is not beneficial. Most patients will be encouraged to get out of bed and begin activity very soon after surgery, most likely on the same day as surgery.
- Depending on your type of surgery, your physician may order certain exercises for you which usually include deep breathing, coughing, movement of legs and getting out of bed. These exercises will help you recover more quickly.

## Discharge:

- Planning for your discharge is just as important as planning for your admission. We will work with you during your stay to meet any discharge needs. Please let us know if you feel you will have any special needs.
- If you are discharged the same day as your surgery, post-operative instructions will be given to you at the time of your discharge. Please make arrangements for someone to drive you home and stay with you at least 24 hours after your general anesthesia.